

GENERALI BERLINER HALBMARATHON

Strecke | Course



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|--|---|--|---|--|--|------------------------|--|--|
| | Strecke
Course | | Cut-off-Punkt (14:25 Uhr)
Cut-off-Point | KM 5:
Wasser, Tee & Maurten Drink Mix 160
Water, Tea & Maurten Drink Mix 160 | | Cheering Points | | Cheering Point
Garmin |
| | Kilometer | | | KM 10:
Wasser & Tee
Water & Tea | | | | Cheering Point
GENERALI & DVAG |
| | Achtung, Gefahrenstellen Skater!
Attention! | | | KM 12:
Maurten Gel Depot - Achtung: kein Wasser, nur Gels Attention: no water, gels only | | | | Cheering Point
Maurten Gel Depot |
| | Erste Hilfe
First Aid | | | KM 14:
Wasser & Tee & Banane
Water & Tea & Banana | | | | |
| | | | | KM 17,5:
Wasser, Tee, Maurten Drink Mix 160 & Banane
Water, Tea, Maurten Drink Mix 160 & Banana | | | | |
| | | | | KM 19,5:
Wasser
Water | | | | |